

Dear All,

Certificate Course on Teaching Yoga (200 Hours) Sri Aurobindo  
Ashram, Delhi Branch

Applications are now open for our 20-week hybrid course  
designed to deepen your understanding and practice of Yoga  
while preparing you to teach with confidence.

Duration: 19 August – 23 December 2026

Timings: Monday–Friday | 10:00 a.m. – 12:30 p.m.

Mode: Hybrid (3 days offline | 2 days online on Zoom)

Seats: Limited to 30 participants

Selection through interview; the last day to apply is 14 August

Faculty:

Mentor: Dr. Ramesh Bijlani

Facilitator: Ruchi Arora Mohan

To receive the application form or know more, please WhatsApp  
99999 57955 or email [srimayog@gmail.com](mailto:srimayog@gmail.com).